



# Artist in Residence

promotes a sense of healing and recovery for cancer survivors through no-cost creative arts workshops.



The Artist in Residence program at the Treasure Valley Family YMCA has been successfully promoting a sense of healing and recovery for people living with cancer and/or neurological disorders through no-cost creative arts workshops for nearly eight years.

No experience is necessary, as the workshops are designed to help participants explore and discover their own creative resources and interests. They offer a supportive group setting to nurture our creative spirits and discover and strengthen our sometimes hidden artistic talents. They are taught by professional artists using high quality materials and focus on both the art (aesthetic) and craft (technical) of many art forms to help people access their imaginations and creative resources. Workshops include many different mediums such as drawing, painting, printmaking, creative writing, fiber arts, performance art, jewelry making, glass fusing, etc. The program is fashioned after that of the Creative Center in New York City and based on the philosophy that

**“Medicine cures the body,  
but art heals the spirit!”**

-the Creative Center at University Settlement



for more information please contact:

[Stephanie.Werntz@ymcatvidaho.org](mailto:Stephanie.Werntz@ymcatvidaho.org) or (208) 794-5534