

A large, vibrant red 3D sign spelling out the word 'JUMP' in a playful, rounded font. The sign is positioned in front of a modern building with large glass windows and a wooden facade. The building's reflection is visible in the glass. The sign is supported by dark poles.

JUMP

SUMMER PROGRAM GUIDE

JUMP INTO SUMMER WITH US!





WHATS GOING ON AT JUMP?

JUMP, or Jack's Urban Meeting Place, is a nonprofit interactive creative center and community gathering place. It's a space to celebrate the human spirit. Where collaborations, encounters, workshops, festivals, exhibitions, performances, and community projects can inspire, educate, and connect. It's where everyone can discover new possibilities and explore their potential.

There are five unique studios at JUMP: INSPIRE, MAKE, MOVE, PLAY, and SHARE, offering hands-on classes and experiences that spark creativity, encourage exploration, and bring people together. Whether you're dreaming up big ideas, building something new, finding your rhythm, cooking up a storm, or using a camera for the first time, there's a studio space and community waiting for you at JUMP. If you are interested in teaching a class in one of our 5 studios, please fill out the application at the bottom of this page. Take a look at our current available programs and we invite you to try something new!

"WHEN WAS THE LAST TIME
YOU TRIED SOMETHING
FOR THE FIRST TIME?"

—JOHN C. MAXWELL





FIND YOUR VOICE WITH RADIO BOISE

Learn to create your very own
podcast from scratch

May 21-Jul 30 | 6:30-8:00 PM | Ages 18+
10 week series, classes on Wednesdays

\$90 (that's only \$9 per class!)

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INSTAGRAM FOR BUSINESS: THE ESSENTIALS

Learn features to optimize your
instagram for engaging content

May 22 | 10:00 AM-12:00 PM | Ages 18+

\$45

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FILMMAKING ESSENTIALS FOR BEGINNERS

Learn all aspects of filmmaking
with a "real-world" production
experience

May 22-Jul 17 | 5:30-8:30 PM | Ages 18+
8-week series classes on Thursdays

\$85 (that's less than \$11 per class!)

ACTING FOR THE CAMERA: KIDS AGES 7-13

Intro to on-camera acting
w/ focus on confidence-
building, creative expression, &
performance techniques

1st Session
May 20-June 06 | 12:00-2:00 PM
2nd Session
June 10-June 27 | 12:00-2:00PM
3rd Session
July 08-July 25 | 12:00-2:00 PM
4th Session
July 29-Aug 15 | 12:00-2:00 PM
3 week series Tuesday-Friday

\$450 (that's \$37.50 per class!)

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ACTING FOR THE CAMERA: TEENS AGES 14-17

Deep-dive w/ focus on
character development,
emotional depth, & audition
strategies for young performers

1st Session
May 20-June 06 | 3:00-5:00 PM
2nd Session
June 10-June 27 | 3:00-5:00 PM
3rd Session
July 08-July 25 | 3:00-5:00 PM
4th Session
July 29-Aug 15 | 3:00-5:00 PM
3 week series Tuesday-Friday

\$450 (that's \$37.50 per class!)

ACTING FOR THE CAMERA: ADULTS AGES 18+

Learn essential techniques for
film, television, and commercial
acting techniques.

1st Session
May 20-June 3 | 5:30-8:30 PM
2nd Session
June 10-June 24 | 5:30-8:30 PM
3rd Session
July 29-Aug 12 | 5:30-8:30 PM
3 week series, classes on Tuesdays

\$250 (that's less than \$85 per class!)

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SPEAK UP & STAND OUT: THE POWER OF YOUR VOICE - ADULTS

Step up to the mic and master the
art of public speaking with real
on-camera practice

May 31-Jun14 | 4:00-6:00 PM Ages 20+
3-week series classes on Saturdays

\$120 (that's \$40 per class!)

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INTRO TO INSTAGRAM REELS: GET REEL WITH CAIT!

Learn the essentials of Reels, from
filming to editing to using trends
to boost visibility

Jun 05 | 10:00 AM-12:00 PM | Ages 18+

\$45

UNLOCK YOUR PERSONALITY. ELEVATE YOUR POTENTIAL.

Understand yourself better and transform how you live, love, and lead

Fri Jun 06 | 5:30-8:30 PM

Ages 18+ | \$100

Fri Jul 25 | 5:30-8:30 PM

Ages 18+ | \$100

Fri Aug 08 | 5:30-8:30 PM

Ages 18+ | \$100

\$100

INTRO TO MUSIC PRODUCTION

An in-depth class on music production using the world's most user-friendly digital audio workspace

Jun 13 - Jul 11 | 5:30-7:30 PM

Ages 10-18

4-week series classes on Fridays

\$50 (that's only \$12.50 per class!)

ADVANCED INSTAGRAM REELS: BEYOND THE BASICS

Beyond the basics—advanced editing techniques, seamless transitions, and engagement strategies

Jun 19 | 10:00 AM-12:00 PM | Ages 18+

\$45

PRESENTATION & PERFORMANCE FOR PROFESSIONALS

Develop skills in public speaking, delivering confident & engaging presentations, & mastering body language

July 1-3 | 12:00-2:00PM | Ages 18+

July 1-3 | 3:00-5:00PM | Ages 18+

3 day course

\$300 (\$100 per class)

CREATING CONTENT THAT CONVERTS: PLAN, CREATE, ENGAGE

Learn to create content strategy that aligns with business goals, builds brand authority, & drives engagement

Jul 10 | 10:00 AM-12:00 PM | Ages 18+

\$45

SPEAK UP & STAND OUT: THE POWER OF YOUR VOICE - TEENS

Step up to the mic and master the art of public speaking with real on-camera practice

Jul 19 - Aug 2 | 4:00-6:00 PM | Ages

14-19

3-week series classes on Saturdays

\$120

INTRO TO CANVA: DESIGN LIKE A PRO

Learn how to design professional looking graphics, social media posts, and marketing materials using Canva

Jul 24 | 10:00 AM-12:00 PM | Ages 18+

\$45

ADVANCED CANVA: SHARPEN YOUR SKILLS

Learn advanced design techniques, branding strategies to create high-quality marketing materials

Aug 7 | 10:00 AM-12:00 PM | Ages 18+

\$45

LEVEL UP YOUR LINKEDIN: EXPAND YOUR NETWORK

Learn how to optimize your LinkedIn profile, create compelling content, and leverage the platform

Aug 14 | 10:00 AM-12:00 PM | Ages 18+

\$45

"THE MOST HONEST FORM OF FILMMAKING IS TO MAKE A FILM FOR YOURSELF."

—PETER JACKSON

inspire STUDIO

STRAWBALE: VIABILITY IN IDAHO & BEYOND

A presentation on the efficacy and resilience of StrawBale construction, with Q&A

May 22 | 5:30-7:00 PM | All Ages

May 29 | 5:30-7:00 PM | All Ages

\$10

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DISCOVER YOU: KNOW WHO YOU ARE IN THE MARKETPLACE

An engaging, interactive workshop to unlock your natural strengths and marketplace identity.

May 31 | 10:00 AM-12:00 PM | Ages 18+

\$27

BACKPACKING 101

Learn all the essential information you need for a great backpacking trip.

Jun 12-Jul 10 | 6:00-7:30 PM | Ages 14+

3-week series | Every other week: 6/12, 6/26, and 7/10

\$60 (that's \$20 per class!)

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PURPOSE OVER PREFERENCE

Discover your core values and feel empowered to lean into the uncomfortable and dare to innovate

Jun 13 | 5:30-7:30 PM | Ages 18+

Jun 27 | 5:30-7:30 PM | Ages 18+

\$40

"I NEVER LOSE.
I EITHER WIN OR LEARN"

—NELSON MANDELA



make STUDIO

CROCHET FOR ABSOLUTE BEGINNERS

If you've always been curious about crochet, but not sure where to start, this is the class for you

Fri May 30 | 6:30-8:30 PM | Ages 15+

Fri June 20 | 6:30-8:30 PM | Ages 15+

\$35

STAMP MAKING

Learn different tools for carving linoleum and how to design a reusable stamp

Fri June 6 | 6:30-8:30 PM | Ages 15+

\$40

SPOON MAKING

Learn a practical new hobby, covering the basics of whittling and creating your own hand carved spoon

Sat July 19 | 12:00-3:00 PM | Ages 15+

Sat Aug 2 | 12:00-3:00 PM | Ages 15+

\$45



"YOU CAN USE AN ERASER
ON THE DRAFTING TABLE OR
A SLEDGEHAMMER ON THE
CONSTRUCTION SITE."

—FRANK LLOYD WRIGHT

move STUDIO

POUND UNPLUGGED WORKSHOP

Balances focused, high-intensity exercises with restorative movements, rhythmic breathing and meditation

Apr 4 | 6:00-7:00 PM | Ages 16+
2-week series | Included dates: 4/4, 4/11
Apr 25 | 6:00-7:00 PM | Ages 16+
2-week series | Included dates: 4/25, 5/2

\$30

DEEPEN YOUR INTUITION WITH YOGA & TAROT WORKSHOP

Learn about the science and mystery of intuition and its connection to yoga and tarot

Apr 26 | 10:00 AM-12:30 PM | Ages 18+

\$30

FAMILY YOGA

Classes guide families of all ages through movements that follow a storyline

May 22-Jun 19 | 6:00-7:00 PM | All Ages
4-week series | Included dates: 5/22, 5/29, 6/12, 6/19
Jun 26-Jul 24 | 6:00-7:00 PM | All Ages
4-week series | Included dates: 6/26, 7/10, 7/17, 7/24

\$40 PER FAMILY

GENERATION POUND

Youth-oriented program that fuses movement and music

May 23-Jun 27 | 10:00-11:00 AM
Ages 6-12
6-week series | Included dates: 5/23, 5/30, 6/6, 6/13, 6/20, 6/27

\$100 (less than \$17 per class!)

MEDITATION & MOVEMENT

Series of techniques weaving together ancient wisdom & current findings on how energy works in the body

May 23-Jun 13 | 12:00-1:00 PM
Ages 18+
4-week series | Included dates: 5/23, 5/30, 6/6, 6/13

\$70

INNER CHILD HEALING YOGA

Re-visit your innocent and vulnerable childlike self to move you closer to peace, joy, and purpose

May 23-Jul 18 | 6:00-7:00 PM | Ages 15+
8-week series | Included dates: 5/23, 5/30, 6/6, 6/13, 6/20, 6/27, 7/11, 7/18

\$80

EMBRACE VITALITY: A YOGA WORKSHOP FOR HEALTHY AGING

Learn how to adapt yoga to your needs and discover the many ways it can enhance your quality of life

May 24-Jun 14 | 12:00-1:00 PM
Ages 18+
4-week series | Included dates: 5/24, 5/31, 6/7, 6/14

\$70 (that's only \$17.50 per class!)

"NOBODY CARES IF YOU CAN'T
DANCE WELL. JUST GET UP
AND DANCE!"

—DAVE BARRY

SPACE: CONFIDENCE BUILDING MEDITATION AND MOVEMENT SERIES

Grow more confident and connected through movement, meditation, and play-based learning

Jun 7-28 | 2:00-4:30 PM | Ages 21-60
3-week series | Included dates: 6/7, 6/14, 6/28 (no class 6/21)

\$120 (that's \$40 per class!)

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CONFLICT RESOLUTION AND MINDFULNESS

Practical conflict resolution strategies mixed with yoga, breath work, and mindfulness

Jun 14 | 10:00-11:30 AM | Ages 18+

\$25

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IGNITE YOUR INNER PEACE: A FOUNDATIONAL YOGA SERIES

Sequences designed to empower you with tools to create and sustain a safe, joyful, lifelong yoga practice

Jun 20-Jul 18 | 12:00-1:00 PM
Ages 18+
4-week series | Included dates: 6/20, 6/27, 7/11, 7/18 (no class week of 7/1)

\$70 (that's only \$17.50 per class!)

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THE ARTIST'S WAY: A JOURNEY TO REDISCOVER CREATIVITY

Journaling, movement, shadow work, dance, and other modalities for confidence, creativity, and inspiration

Jul 12-Aug 2 | 12:00-1:00 PM
Ages 18+
4-week series | Included dates: 7/12, 7/19, 7/26, 8/2

\$70 (that's only \$17.50 per class!)

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DREAM POWER

Learn about the power of dreams and how to use that power to live life more fully

Jul 25 | 12:00-1:00 PM | Ages 18+

\$20



share STUDIO

STAY TUNED TO FIND OUT WHAT'S
(OOKIN' IN OUR SHARE STUDIO!



If you have a class you'd like to teach in our SHARE studio (or any of our studios) please fill out our instructor application!



We have many other opportunities available if you would like to share a passion or a project visit us at jumpboise.org/studios to learn more and apply.

If you would like to see examples of projects we do here, you can visit jumpboise.blog. We cant wait to see what you come up with!

FREE COMMUNITY PROGRAMS

TRACTOR TOURS

Tour J.R. Simplot's antique tractor collection here at JUMP with Tractor Doc Rob

Wednesdays | 12:00-1:30PM | All Ages

FREE

JUMP BUILDING TOURS

Reservation required; learn about JUMP's creative studios, spaces, slides, tractors, & more

Saturdays | 10:30-11:30PM | All Ages

FREE

STORIES UNITE US: A STORYCORPS PROGRAM

Record your story in our podcast suite to preserve the stories of our community for generations to come

Wednesdays | 12-1 PM, 1:30-2:30 PM & 3-4 PM | Ages 13+

Every First & Third Thursday: 5-6 PM & 6:30-7:30 PM | Ages 13+

FREE

DREAMWEAVER FILM LABS: SCREENWRITING

Collaborate and network as a community of screenwriters

Saturdays | 10:00 AM-12:00 PM
Ages 14+

FREE

DREAMWEAVER FILM LABS: PRODUCTION

Join our production crew, get insight into the production process & make connections with fellow filmmakers

Every Other Saturday | 1:00-3:00 PM
Ages 14+

FREE

DREAMWEAVER FILM LABS: POST-PRODUCTION

Learn the basics of the post-production process while working with the footage from our shoots

Every other Saturday | 1:00-4:00 PM |
Ages 14+ | Starting May 31

FREE

DREAMWEAVER FILM LABS: ART DEPARTMENT PRODUCTION

Explore the facets of art direction for film—costume design, prop building, set dressing, production design

Every Other Wednesday | 6:00-8:00 PM
Ages 14+

FREE



COMMUNITY EVENTS

OPEN ARMS DANCE: BEAUTIFULLY IMPERFECT

An uplifting dance concert celebrating imperfection in ourselves and the natural world by Open Arms Dance.

Fri May 9 | 7:00-8:00 PM | All Ages

\$10-\$20

SPACEPOINT: NEUTRON STARS & BLACK HOLES

Dr Michael Landry talks the emerging science of Black Holes, Neutron Stars & Gravitational Waves.

Sat May 10 | 6:00-9:00 PM

\$15

TEEN TAKEOVER

JUMP's teens-only event for the youth to be themselves and connect with peers outside the classroom.

Sat May 10 | 7:00-9:00 PM | Ages 14-18

FREE

REVIVE SUSTAINABLE FASHION SHOW

See designers rock their sustainable thrifted and upcycled designs down the runway.

Sat May 31 | 2:00-3:00 PM | All Ages

FREE

SUMMER READING & LEARNING CELEBRATION

Join our local libraries for storytime, music, food, pictures with mascots and more!

Sat May 17 | 10:00AM-2:00PM
All ages

FREE

JUMP, JAM, & JIVE

A free summer concert series featuring local artists in the JUMP amphitheater every other Tuesday.

Tues June 3 | 6:00-8:30 PM | All Ages
Tues June 17 | 6:00-8:30 PM | All Ages
Tues July 1 | 6:00-8:30 PM | All Ages
Tues July 15 | 6:00-8:30 PM | All Ages
Tues July 29 | 6:00-8:30 PM | All Ages
Tues Aug 12 | 6:00-8:30 PM | All Ages
Tues Aug 26 | 6:00-8:30 PM | All Ages

FREE

REPAIR CAFE

Toss it away? No Way! Bring the broken item sitting around your house to be fixed by our group of volunteers.

Thurs Aug 28 | 4:00-7:00 PM | All ages

FREE



More JUMP'n!

TRACTOR TOURS

Free community tractor tours Wednesdays at noon with our Tractor Doctor Rob.

PROGRAMS & EVENTS CONTACTS

programs@jumpboise.org
events@jumpboise.org | (208) 639-6619

E-NEWSLETTER

Sign up for our e-newsletter to get the latest and greatest by visiting www.jumpboise.org

PARKING

Paid parking is available on the 3rd and 4th levels of the JUMP parking garage or in Simplot's below ground parking garage, both accessible from the Myrtle Street entrance located between 11th and 9th Streets. The below ground parking garage is only available after 4PM until 6AM on weekdays and all day on weekends. Credit/debit cards only.

QUESTIONS

Please give us a call at (208) 639-6610.
or email us at assist@jumpboise.org

MAY SLIDE HOURS

Tues-Fri | 5:30-7:30PM
Sat | 11:00AM-1:00PM

JUN-OCT SLIDE HOURS

Tues-Fri | 11:00AM-1:00PM
Tues & Thurs | 5:30-7:30PM
Sat | 10:00AM-12:00PM

LOBBY HOURS

Sun | Closed
Mon | Closed
Tues | 8:00AM-7:30PM
Wed | 8:00AM-7:30PM
Thurs | 8:00AM-7:30PM
Fri | 8:00AM-7:30PM
Sat | 9:00AM-7:30PM

**YOU CAN DISCOVER MORE
ABOUT A PERSON IN AN HOUR
OF PLAY THAN A
YEAR IN CONVERSATION.
– PLATO**

FRONT STREET



SCAN FOR
FULL LIST OF UPCOMING
PROGRAMS AND EVENTS



WWW.JUMPBOISE.ORG



1000 W. Myrtle St. Boise, ID 83702